



Booking & Cancellation Policy

Your time is valuable and so is mine. As a small business, late cancellations, last-minute changes, and missed appointments significantly affect both my income and the availability I can offer to others seeking support for their health and wellbeing.



Deposits & Payment

- A **50% deposit** is required to secure your appointment.
- This deposit is **non-refundable** and will be processed at the time of booking.



Cancellation & Rescheduling

- I kindly ask for **at least 24 hours notice** if you need to cancel or reschedule.
- If notice is not given within this timeframe, or if the appointment is missed, the **full appointment fee** will be charged.
- Any outstanding balance will be automatically collected using your saved card details.



Feeling Unwell?

- If you become unwell within the 24-hour window, please contact me **as soon as possible** at [07974183407](tel:07974183407) I'll do my best to accommodate you and avoid cancellation fees where possible.



Appointment Reminders

- You'll receive a **confirmation** upon booking and a **reminder** approximately **48 hours before** your appointment, giving you plenty of time to make any necessary adjustments.